



## NEWSLETTER #76



Welcome to issue N° 76 of the GeCo Newsletter! It has been so incredibly busy here at GeCo over the last month. We've had Soup with Soul every Monday with some fantastic guest appearances from the likes of Centrelink, Huon Valley Council, Baker Wilson Davies, Relationships Australia and Dementia Australia. We've had cuppas with David O'Byrne and Nic Street. We've had so many new faces coming in through the Community Workshop, other workshops run in the centre and the School Holiday programme as well! I'd say we need a rest in August but it's not going to be possible, we've got too much on to rest on our laurels. I really want to encourage everyone to come to Soup with Soul in August – Winter is nearly over! Michelle will be offering cakes and coffee after each Soup with Soul to talk about Advanced Care Directives too. Our Death Café series is just going so well! Enjoy the Newsletter, and remember you can drop in for a cuppa anytime, or email feedback to [trish@geeverstoncommunitycentre.com](mailto:trish@geeverstoncommunitycentre.com).

Ed

### Eating with Friends

When we started Eating with Friends we had a goal – connect with our community and provide the opportunity for better social interaction. EWF became a hugely popular sit-down event.

COVID really threw a spanner in those works, and we had to resort to a takeaway service. We've decided it's time to go back to our roots, and have a monthly sit-down meal again with our community. To that end, **August is the last month we will be offering takeaway** for Eating with Friends.

Join us on Wednesday September the 13<sup>th</sup>, for lunch in the annexe! We'll be dusting off the crockery and cutlery, shining the glassware and all the staff will be joining in as well! So what's on the menu?



**Succulent Roast Pork** with Crackling, Roast Veg, Homemade Apple Sauce and Rich Gravy. And for dessert? You can't go past an **Apple Crumble!**

**All for just \$10 per person.**

Please let us know by the 8<sup>th</sup> of September if you will be joining us. We can't wait to share a table with you again!

Do you have questions or feedback? Feel free to give Trish a call or pop in for a chat.

The Geeverston Community Centre is open Monday to Thursday from 8:30am – 4pm, and Fridays from 8:30am – 3pm.

**Geeverston Community Centre** is part of Neighbourhood Houses Tasmania inc. NHT have 35 community houses throughout Tasmania, and represent us at local, state and federal levels of government through advocacy, lobbying and funding. **GeCo** is dedicated to working with the community to address local needs, provide or promote quality opportunities for learning and growth and to continue our support of this vibrant sustainable community.

**GeCo** acknowledges the **mellukerdee people** of the South East Nation as the Traditional Owners of the land on which our community centre stands. We respectfully recognise Elders past and present as the Traditional Custodians of lands across Australia. **lutruwita milaythina pakana** - Tasmania is Aboriginal Land.

**Geeverston Community Centre** is Funded by the Crown, through the Department of Premier and Cabinet



## Staff Profile # 6

**Trish:** I'm normally the interviewer but today I want to share my background with you!

I'm Trish Tinkler and I wear lots of hats here at GeCo! The first is Program Manager – I organise all the events here at GeCo from Soup with Soul through to workshops and community sessions.

The second hat I wear is Manager of the Geeveston Community Workshop. I'm passionate about the shed and everyone in it, and so excited about how it has developed over the last few years.

I'm also the Public Relations person here at GeCo, which means I'm the newsletter editor (Hi!), and I look after the website and social media. We have Facebook, Instagram and a YouTube presence and I try to keep GeCo in people's feed several times a week. You'll also hear me on the radio every week!

I'm a recent transplant in Tasmania. I came here 5 years ago from England so things are quite different from what I'm used to! I also worked in a different sector – I worked in the stock market in London. Everyone in Geeveston has been so welcoming and I've got a great team here at GeCo too, to help me understand Tasmanian Culture, the services we need, and in particular how I can best advocate for our community.



I work at GeCo every day except Tuesday and I represent GeCo in lots of different Committees and Board, like the Geeveston Progress Association, Council Working Groups like Age Well, and bodies like the Tasmanian Mens Shed Association.

My pet project is the Geeveston Art Show. I'm the Chairman of the Geeveston Art Show Committee so I'm pretty hard to find in April, unless you're an artist! We've got so much talent right on our doorstep and I love putting on an event that showcases real, working artists.

Come in and say hello sometime!

## NBN Co

One of our favourite visitors to GeCo is Devansh Sharma from the NBN. Devansh is our IT Guru and each month he comes to visit with another engaging topic for everyone to enjoy. This month we were lucky enough to have 2 visits from him – and we got to play with the Virtual Reality Headset again!

Loads of people tried it out and we're all just as tempted as each other to get one of our own! Thanks Devansh!



Participants walking around the Grand Canyon!

Devansh will be back on the 9th of August to talk about your Digital Legacy.



### Feel more confident online

Expand what you can do online at our free online skills sessions, run by nbn in partnership with Geeveston Community Centre.



**Classes will be held at 9b School Rd, Geeveston TAS 7116.**

Topic		
Preparing a plan for your digital legacy and using the cloud	23 August 2023	11:00am



## Advanced Care Directives

*Chat with Michelle after  
Soup with Soul  
Every Monday in August*

*1:30 - 2:30pm*

FREE WORKSHOP FOR ALL COMMUNITY MEMBERS  
GEEVESTON.ORG.AU

**Death Café** We had James McHarg from Baker Wilson Davies in to chat with us in July about Estate Planning. James was a delight, and we had a huge turnout for that first session. There were questions on Wills, and how and when they are valid. Power of Attorney and Enduring Guardianship were the other topics and it was very insightful. Our next Death Café starts next Monday and runs every Monday throughout August. Michelle will be talking about Advanced Care Directives and the importance of having plans in place that account for your wishes in any change to your health. It's straight after Soup with Soul, and there will be CAKE!

**New Service at GeCo** - GeCo is now a **Tasmanian Secondary Needle and Syringe Program** provider. The Tasmanian Needle and Syringe Program is a public health initiative that aims to prevent and reduce the transmission of blood-borne viruses, and the occurrence of other injecting related harms, through the provision of free and accessible sterile injecting equipment across the state. GeCo has three staff members certified to provide injecting equipment ensuring there will always be someone here to assist you during our regular opening hours Mon - Fri.

**Services Australia** will be returning to GeCo Monthly, and their next visit is on the 21<sup>st</sup> of August, during Soup with Soul. Come and have a chat if you have any queries about Centrelink or any other government service. Services Australia have a quiet room and can chat to you confidentially.

## Soup with Soul

Mondays throughout winter we all stop and have lunch together. Soup with Soul is a free event, and we just love having everyone chatting and sharing a meal! For the last 6 weeks we have been so very lucky to have the awesome people at Cripps Master Baker, donate bread and breadrolls to our Soup with Soul events. We just wanted to let everyone know how grateful we are for that sort of grass roots support for community. Emma and her team have been so generous, and I think the satisfied tastebuds say it all.



I'd also like to introduce these two champions to everyone. Paula and Bree have recently taken on the soupmaking responsibilities and we couldn't be happier! They make these gorgeous soups from scratch, right here in the GeCo Kitchen.



Paula has many years of experience cooking for large groups. Bree has been working in the garden and on reception at GeCo. She recently did one of our GeCo Gourmet workshops with Julia and it shows! Paula and Bree are fantastic, from the prep work through to serving and cleaning up afterwards, please let them know how much you appreciate them when you next see them. Lastly, Please remember to bring a container if you're taking soup home. We will no longer be purchasing takeaway containers. As with Eating with Friends, we encourage everyone to dine in, and use your own containers if you want to take home some leftovers.



# WOMEN'S SUPPORT SERVICE

**Free counselling and group support to help women achieve their goals**

Call **1300 364 277** or email [womenssupport@reltas.com.au](mailto:womenssupport@reltas.com.au) for more information

*Relationships Australia.*  
TASMANIA



## Great Moments in Art History

The Geeveston Community Centre is delighted to present: Acrylic- The Plastic Fantastic 2



A 6 week course in painting with Acrylics - \$150 with flexible payment options available.

Incredibly versatile, Acrylic sits in between Watercolour and Oil Painting, having elements of both, and yet it has its own special qualities.

Come and explore the brilliant colours and smooth finishes of acrylic painting with local artist Robert Jackson as he takes you from the first brushstroke to a multilayered masterpiece!

We will also study and learn from some Great Moments in Art History. This course can be a follow on from May/June's course yet is still suitable for new students.

Materials supplied, Tea and Coffee also supplied!

Classes run from 9:30am - 12:30pm for 6 weeks from Friday the 11th of August in the GeCo Annexe. Book on Humanitix or in person @ Geco.

Give us a call if you'd like to know more!

GeCo Front Desk, (0) 6297 1616

## AGE WELL

Did you know that GeCo is an AGE WELL partner? We work closely with this Huon Valley Council program to offer activities and advocacy for seniors. The next AGE WELL excursion is on the 13<sup>th</sup> of September to Tahune Alrwalk. The bus is free, as is the entry to Tahune, and you will be responsible for your lunch. Age Well will swing past GeCo to pick up the Geeveston contingent, so please make sure you book! Here is the Walk & Talk Program which should also be of interest.

## AGE WELL Walk and Talk

Age Well team member Sophie will be doing a short walk in a different town each Wednesday. Join in the fun & bring a thermos to enjoy a hot drink afterwards. Everyone is welcome!

Call the Age Well team to register your interest!

### Dates & Locations:

Aug 2nd - Huonville Esplanade, opposite Jet Boats  
Aug 9th - Geeveston Platypus Walk  
Aug 16th - No walk due to Eating with Friends event  
Aug 23rd - Franklin Foreshore, Living Boat Trust carpark  
Aug 30th - Dover, Kent Beach BBQ shelter to the Wharf

Meet at 9:30am

Look out for the Age Well Flag!

6264 0300 or email [agewell@huonvalley.tas.gov.au](mailto:agewell@huonvalley.tas.gov.au)

**GET ACTIVE AND GET SOCIAL!**



## Scrubby Hill Farm

Our lease for Scrubby Hill Farm has come to an end, and we have LOADS of equipment to get rid of. What better way than a Garage Sale! Join us on Saturday the 19<sup>th</sup> of August from 9am.



# GARAGE SALE

**9am - 1pm**  
**Scrubby Hill Farm**  
**Kent St, Geeveston**

Cash and Eftpos available



*-Pots* *-Chairs*  
*-Irrigation* *-Tools & More!*

## Saturday 19th August



**The Geeveston Community Workshop** We have had quite a month in the workshop! We've been busy building a birdcote to enter into a big competition for the Tasmanian Men's Shed Association, and the TMSA magazine featured a photo of our shed in the Ministers Report. We had an article in the Huon News as well, talking about some of the exciting new things we're doing at the shed. We had a HUGE feature in The Australian Woodworker magazine, talking about the Workshop, and then another 2 page spread on the Women Maker's exhibition held earlier in the year. Our second induction session happened last weekend. And coming up we have Michael's Traditional Woodworking with Handtools course kicking off for 3 weeks from the 6<sup>th</sup> of August. We have Shirley running a DIY course starting in late August for the LGBT community. Our Turners Talk is now happening on the last Saturday of each month and Flick has a local woodturner come and chat with her and the group. The lathe enthusiasts can come and sit around the firepit and chat about their craft.



The Birdcote above was a community construction project from Catherine, Debra, Flick, Michael, Charlie, Jo, Peter, Belle and Shirley. It is going to the Tasmanian Men's Shed Association Annual General Meeting as part of a competition being run by COTA. Good luck everyone!

The Geeveston Community Workshop is open from 10 – 2:30 most days.

- Tuesdays:** **Laurie Butler** is your supervisor on Tuesdays. It is a MEN ONLY day in the workshop.
- Wednesdays:** Every other Wednesday, **Geoff Born** is your supervisor. Wednesdays are great for anyone doing a LARGE project.
- Thursdays:** Thursday is our busiest day, so check in with your Supervisor **Michael Farren** to make sure there is space! Michael is regularly supported by supervisors Heather and Aga.
- Fridays:** **Shirley Smith** and **Felicity Black** are your supervisors for Friday which is a WOMEN ONLY day in the workshop. Shirley and Flick are regularly supported by Supervisor Aga.
- Weekends:** Keep an eye on socials for Workshops and Education Sessions taking place on the weekends, where you may also see supervisors Hamish and Tink assisting!
- Next Induction:** Saturday, 29<sup>th</sup> of July with Michael and Tink – 10:30, bookable via Humanitix
- Turners Talk:** Saturday, 29<sup>th</sup> July with Felicity & Jim – 11am, no booking necessary
- More information:** Call us on (03)6297 1616 or email [communityworkshop@geevestoncommunityworkshop.com](mailto:communityworkshop@geevestoncommunityworkshop.com)



# A chance to study, be paid, and make a difference!

In an effort to improve the adult literacy and numeracy skills of people in the Huon Valley, 26TEN is offering you the opportunity to be paid through your organisation to learn the skills to become a literacy and numeracy tutor.



**Contact: Geeveston Community Centre**

**6297 1616**

**email: [literacygeco@gmail.com](mailto:literacygeco@gmail.com)**



## JUMPSTART

Our Learner Driver Mentor program is called Jumpstart, and it allows us to provide free driver mentoring to people who are on their L's. Learner drivers need 80 hours of instruction and practice, including 15 hours at night, over a 12 month period before they can sit for their P Plates.

GeCo has an amazing group of Mentors – members of the community who volunteer their time to be the passenger while a learner driver gets their hours up. Our Mentors also help with theory and test preparation. We provide training for the mentoring in the car, and also other areas, like mental health and communication.

Congratulations to six of our volunteers who recently completed an intensive Mental Health First Aid Training course.

Congratulations as well to Chloe who just passed her driving test!



If you would like help to get your license, or you would like to be a mentor then I'd love to hear from you. GeCo is registered for Mutual Obligation so it can make up your hours for reporting too. Please give me a call on 6297 1616 or drop in for a chat. The Jumpstart program is important to the community, and invaluable to those who are learning to drive, free of charge.



## COMMUNITY CHRISTMAS

There is a group of Huon community members who are organizing a Christmas lunch for those who don't have somewhere to be on Christmas Day. The event will be held at the Geeveston Ex-Servicemen and Women's Club and right now there are in the planning stages, keen for some volunteers! If you'd like to be involved in any part – from the cooking to drumming up sponsorship to setting the table, then please get in touch with Shirley Smith on 0427 186 593. It will be a fun filled afternoon with good food, great company and plenty of frivolity.



### GeCo Quiz Night

Do you have what it takes to be the Quiz champion at our next GeCo Quiz Night? Saturday the 16<sup>th</sup> of September, at the Geeveston Ex-Servicemen and Women's Club. Doors open at 5, quiz starts at 6pm. Put together a team of 8 and head over to Humanifix to book your tickets! Please note there will be no tickets at the door, sales close on the 10<sup>th</sup> of September.

### Conversational English

26TEN has an **English Conversation group** at GeCo every Thursday from 2.00-3.00pm. Come along and practice speaking conversational English with a lovely group of people, have a cuppa and learn more about the intricacies of the English language. For more information, contact Tricia by email: [tricia@geevestoncommunitycentre.com](mailto:tricia@geevestoncommunitycentre.com).





## GeCo Youth Program

Check out these champions from Tuesday's GeCo Youth Program! They've been mixing it up lately – cooking, music, lego, so many amazing activities to choose from. Thanks to Robert Jackson for his patience in helping these youngsters discover their inner rock star!

## LINOCUT WORKSHOP

Join John Osborne as he guides you through the beginnings of linocut. Using the Japanese Burren technique, each student will carve and print their own piece to take home.



**\$120 per person**

JDO Prints & Paint  
Geeveston Community Centre  
26th & 27th August 2023

Join John Osborne for his Linocuts for beginners workshop! All materials and equipment are provided during the course. More advanced workshops will follow in November.

John will take you through Introduction and History, Introduction to tools, Holding and Cutting techniques, Making marks (shape, depth and avoiding getting cut!), Individual exercises & Group Linocut, Transferring images to lino & Final Print to take home. It is bookable through Humanitix on John's page: <https://events.humanitix.com/linocuts-for-beginners-2>

## Theatre for Silent Voices



**Choose your own reality!!!**

**Introduction workshop  
LGBTQI + and ALLIES**

**Where: GeCo Geeveston**

**When: 19th August 1-5pm**

**Cost: Donation**

**Free afternoon tea**

Contact Teula

[iwantbalance@yahoo.com](mailto:iwantbalance@yahoo.com)

## INDUCTION Workshop

Want to use the Geeveston Community Workshop?

**1 DAY INDUCTION**

**LEARN ALL ABOUT OUR  
MACHINERY AND TOOLS**

saws | morticer | thicknesser | sanders |  
hand drills | jointer | drill press | and more!

[geeveston.org.au](http://geeveston.org.au) (03) 6297 1616



**Want to Contribute?** – Contact the editor if you have feedback or would like to advertise community events in the Geeveston Community Centre Newsletter. Space is free when it benefits the whole community!

Editor – Trish Tinker (03) 6297 1616

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